

## Why is Wee Nuzzle important?

---

Wee Nuzzle is a Quality Improvement project developed at UCSD to help support our preterm infants and their families.

Wee Nuzzle:

- ◆ Promotes skin-to-skin and maternal-infant bonding
- ◆ Promotes a healthy infant gut microbiome
- ◆ Can act as a soothing technique and aids in the overall development of the infant
- ◆ May facilitate positive oral experiences, thus reducing the risk for oral aversion and reducing the time from transition between tube to full oral feeds
- ◆ It may decrease a late preterm/term infants need for a gastric-tube and may result in earlier time to discharge

## Have questions?

---

Feel free to ask one of the Wee

Nuzzle team members:

Ana Lim

April Cate

Cindy Ritter

Erika Clemens

Jackie Wood

Jamie Ko

Jennifer Barnard

Keriann Schulkers

Ramina Nouri

Ruth Hammer

Sandra Leibel

Stephanie Freeman

Are you ready  
to  
***Wee Nuzzle?***

---



**UC San Diego**  
HEALTH SYSTEM



## What is Wee Nuzzle?

Wee Nuzzle is a new exciting pathway to help our premature infants prepare for future oral feeds while promoting positive oral experiences, maternal bonding, enhanced immunity, and improved breast milk supply.

Wee Nuzzle incorporates:

- ◆ Skin to skin
- ◆ Oral milk drops
- ◆ Non-nutritive breast feeding (NNBF) —which is putting your baby to your breast / chest after pumping

## Can my infant try NNBF?

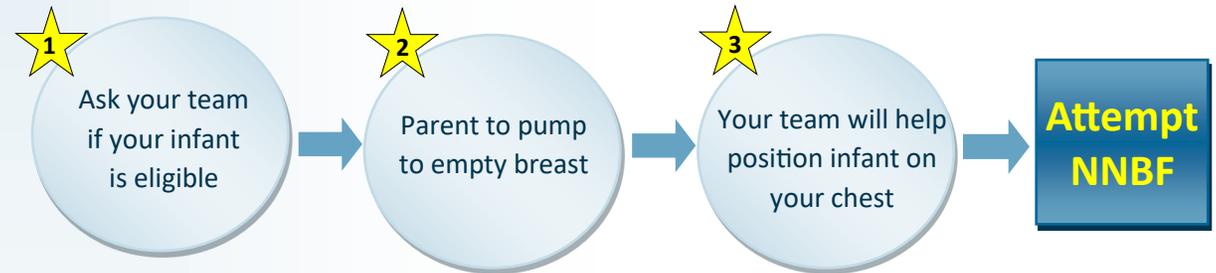
Your infant may be put to a dry breast if they are 30 weeks (corrected gestational age) or older and you would like to.

However, your infant may **not** be eligible to attempt NNBF if they:

- ◆ have been intubated recently
- ◆ have an umbilical arterial line in place
- ◆ have a condition that may impact oral feeding
- ◆ are eligible to do nutritive breast feeding

**\*\*Please ask your team if your infant is eligible\*\***

## Follow the steps below to try NNBF (Wee Nuzzle)



*\* If your infant shows signs of not tolerating the activity or being held, we will ask you to stop and try again another day*

Look for our **Family Bonding Developmental Pathway** posted in your room for additional ideas on bonding activities with your infant

